

Activity Pyramid for Kids

Get Movin'! These tear sheets and posters are a fun and exciting way to make kids aware of how much exercise they need. The Activity Pyramid:

- Lists which activities kids needs to cut down on
- Shows fun activities kids can do
 - 2-3 times a week
 - 3-5 times a week
 - Every day
- Gives specific examples and pictures of exercise

Kids can learn which activities are best for them. There is a blank activity pyramid on the back of the tearsheet, so kids can keep track of their own physical activity on a weekly basis.

A great way to encourage physical activity. This Activity Pyramid is also available as a colorful wall poster, great for waiting areas and exam rooms. Get movin' and order today!

Activity Pyramid for Kids
 11" x 8.5" 100 page tear pad
 Item CAPTP \$14.95 per pad
 Pkg. of 25: \$23.75

17" x 11" wall poster
 Item CAPPO \$2.50 each
 Pkg. of 25: \$38.75

Quantity Discounts Available



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